



FOCUS AWARDS 

Focus Awards Level 5 Diploma in Massage  
Therapy for Sports (RQF)

603/5588/8

Silicon House, Farfield Park, Manvers, Rotherham S63 5DB

# Qualification Summary

## Key Information

### Level

5

### Sector

Sport, leisure and recreation

### Qualification Type

Occupational Qualification

### Total Qualification Time

440

### Credit Value

44

### Guided Learning Hours

357

### Status

Available to Learners

### Methods of Assessment

Portfolio of Evidence

### Minimum Age

18



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# Focus Awards Level 5 Diploma in Massage Therapy for Sports (RQF)

QRN: 603/5588/8

GLH: 357

TQT: 440

Credit: 44

## Qualification Purpose:

The Focus Awards Level 5 Diploma in Massage Therapy for Sports (RQF) is designed to develop the knowledge and skills required to work in a sports massage role. The qualification covers anatomy and physiology, complex massage and therapy techniques, evaluating client posture and gait, electrical and repair stimulator techniques, and sports injury rehabilitation.

## Age Ranges

Entry is at the discretion of the centre; however, learners should be at least 18 to undertake this qualification.

## Geographical Coverage

This qualification is available in England and Northern Ireland.

## Learner Entry Requirements

Learners are required to hold a relevant Level 3 and / or Level 4 sports massage qualification, or equivalent..

## Reasonable Adjustments and Special Considerations

Please refer to the Focus Awards 'Reasonable Adjustments and Special Considerations Policy'. A copy is available for download from the Focus Awards website at the following url:

<https://www.focusawards.org.uk/wp-content/uploads/2016/08/Reasonable-Adjustments.pdf>



## Assessment Methods

This qualification is Internally Assessed. Each learner must create a portfolio of evidence that demonstrates achievement of all the learning outcomes and assessment criteria associated with each unit.

The main pieces of evidence for the portfolio could include some or all of the following:

- Assessor observation
- Witness testimony
- Learner product
- Worksheets
- Assignments/projects/reports
- Record of oral and written questioning
- Learner and peer reports
- Recognition of prior learning (RPL)

## Progression Routes

Learners seeking progress from this qualification can advance their skills further through the following:

- Focus Awards Level 4 Diploma in Massage Therapy for Sports (RQF)
- Focus Awards Level 3 Diploma in Massage Therapy for Sports (RQF)

## Supporting Material and Useful Websites

- <https://focusawards.org.uk/supportingmaterials>
- <https://ofqual.gov.uk>



## Qualification Structure

To be awarded the Focus Awards Level 4 Certificate in Aesthetic Practice Core Knowledge and Advanced Skin Science (RQF) learners must achieve a total of 2 mandatory units to achieve a total of 21 credits..

### Mandatory Units

Unit Title	Unit Reference	Level	Credit	Guided Learning Hours
Anatomy, Physiology, Pathology and Functional Anatomy	M/617/9973	4	60	6
Complex Massage and Therapy Techniques for Sports	T/617/9974	5	100	10
Complex Assessment Methods in Therapy and Massage for Sports	A/617/9975	5	60	6
Posture and Gait Analysis	F/617/9976	5	30	3
Ultrasound and Other Electrotherapy	J/617/9977	5	60	6
Taping and Strapping in a Sports and Exercise Context	L/617/9978	5	30	3
Rehabilitation of Injuries	R/617/9979	5	100	10

# Staff Requirements

## Requirements for Tutors/Instructors

Tutors delivering the qualification will be required to hold or be working towards a teaching qualification. This may include qualifications such as the Levels 3, 4 or 5 in Education and Training, or a Certificate in Education. Focus Awards will however; consider other teaching qualifications upon submission. Tutors must also be able to demonstrate that they are occupationally competent within the sector area.

## Requirements for Assessors

Assessors will be required to hold, or be working towards a relevant assessing qualification. This includes qualifications such as:

- Level 3 Award in Assessing Competence in the Work Environment
- Level 3 Award in Assessing Vocationally-Related Achievement
- Level 3 Certificate in Assessing Vocational Achievement

Focus Awards will however; consider other relevant assessing qualifications upon submission.

Assessors who only hold the Level 3 Award in Understanding the Principles and Processes of Assessment will be required to complete an additional programme of study to achieve the relevant competency units required for one of the qualifications listed above.

Trainee assessors who do not hold an assessment qualification will require their decisions to be countersigned by a suitably qualified assessor.

Assessors must also be able to show they are occupationally competent within the sector area

## Requirements for Internal Quality Assurers (IQA)

Internal Quality Assurers should hold or be working towards the following an IQA qualification. This may include qualifications such as the V1 (previously D34), or the Level 4 Award in the Internal Quality Assurance of Assessment Processes and Practice. Focus Awards will however; consider other relevant IQA qualifications upon submission. Trainee IQAs who do not hold an IQA qualification will require their decisions to be countersigned by a suitably qualified IQA. IQAs must be able to demonstrate occupational competence.

